

SAMURAI SAILTOAD

35th Annual RACE TO ROBIE CREEK

APRIL 21, 2012

HIGH NOON

In the early times Samurai Sailtoads lived their entire life by the code of Bushido; the Samurai code of honor – the way of the warrior toad or the 13 Virtues of the Samurai Sailtoad. Each Samurai Sailtoad was trained from a tadpole to be a professional running unit; along with mastering martial arts and learning how to write haiku.

To be a Samurai Sailtoad was to be completely loyal to their leader (Sensei Robie) and pledge their life and lifetime to the achievement of the Race Over the Mountain.

Honor was paramount to a Samurai Sailtoad and dishonor ultimately meant death; which was often self administered in a ceremony called Seppuku. Honor was achieved by finishing the Toughest Race in the Northwest.

Bring honor to your inner Samurai and run the punishing 13.1 miles up and over The Mountain. Endure the pain as toad warrior! No dishonor!

**the green warrior toad
his quest to run the mountain
seppuku - no way**

*serious error
all shortcuts have disappeared
screen mind both are blank*

Online registration begins February 20, 2012, at HIGH NOON MST. Only the first 2,100 applicants will be accepted. Please go to www.robiecreek.com to register. The entry fee is \$45.00. **If you don't make it into on-line registration, a SECOND CHANCE DRAWING opens on February 21, 2012 at 8 AM and closes on February 24, 2012 at 5:00 MST. An additional 200 participants will be chosen and notified of entry by February 28, 2012. It is \$6.00 to enter, one entry per person.** See the website for more information. (Please don't commit seppuku if you don't get in this year – there is honor in just trying to master the online registration).

*running makes me hurt
but I do it anyway
I am such a freak*

Race packets will be available for pick-up on Wednesday, April 18, 2012, between 5:00 and 8:00 PM at the Basque Center, corner of 6th and Grove Streets. **Bring your email confirmation. Number exchanges are \$10.00 and will be completed ONLY at packet pick-up. Absolutely no race day changes or transfers permitted.** Those participants from out of town can pick their race packets up between 9:30 and 11:45 AM at the race start.

*I can't stand the pain
I must keep pushing harder
I need a PR*

The race will be electronically timed, but official results will be based on gun time. Your timing device will be attached to your race number. Please wear your race number on the front of your shirt to ensure accurate timing. We will stop timing the race at 5:00 PM.

*left right left right left
right left right left right left right
left right left right left*

This course is the toughest 13.1 miles in the Northwest. The race begins at Fort Boise Community Center, starts climbing on Shaw Mountain Road, and continues the climb through Rocky Canyon until you reach Aldape Summit. Then it begins a steep, bone-jarring descent into the Robie Creek drainage and along Robie Creek Road to the finish. The road will be closed early, no early starts permitted! **Note: You will not be able to park your car at the finish because of limited parking, and no bikes, rickshaws or dogs are allowed on the course or at the finish. More to follow.**

*with flowing water
how to enjoy the lovely
climb to Aldapi*

There are 10 aid stations supplying water. Plenty of water for all. Slower participants may want to carry their own water. Godzilla's Pagoda will be conveniently located at mile 8.

*peaceful silence bliss
turbulent wind is set free
a cacophony*

Porta-Potties will be located at the start and finish, and along the course.

*cursed tabi socks
blisters in-between my toes
make me want to kill*

As always, medical support is graciously provided by Idaho Mountain Search and Rescue.

*lose your mind oh no
maybe you can find it at
the end of the quest*

You can send extra clothing to the finish, in a bag of course. The Robie Rickshaw will be parked at the start to take your extra clothing to the finish. Please do not pack any breakable items, and please use bags with dependable zippers. There are no changing tents, so you may want to pack a towel for a "surfer change." We cannot be responsible for items lost or left behind, it isn't the Samurai way.

*you hear no footfalls
from the enclosing darkness
just your heart's last beat*

Because parking is not available at the race finish, we provide limited bus transportation for spectators, with a prepaid spectator bus pass, from Spring Shores or the Parks and Rec lot on Warm Springs to the finish and then back. Bus passes may only be purchased on-line, at the time of entry, and are limited to one per entrant at a cost of \$12.00. **JUST LIKE LAST YEAR: Spectators must bring a state-issued photo identification to the party if they plan to drink beer.**

*I am leaving now
In rainless skies a full moon
Oh pure is my heart*

Race participants do not need to purchase a spectator pass to ride the bus. Children under the age of 3 do not need a spectator pass. All busses go directly to the Spring Shores lot, then on to the Parks and Rec lot as needed. Because of limited parking, we ask you to car pool and drive as few cars as possible to the Spring Shores and Parks and Rec lots. The last bus will take participants back to Fort Boise. Please note there is no cell phone reception at the finish or Spring Shores. Alcohol will be served at the party, so please have a designated driver. For more information, please go to www.robiecreek.com.

*oh green warrior toad
you must finish the race first
I give you my shirt*

There will be Honorable Race Shirts for all finishers.

*way of the warrior
begins with the absolute
conquer of the mountain*

Special "Bushido (The Way of the Warrior; freedom from fear) Awards" will be awarded for the overall top 3 men and women. Age group awards will be presented to the top 3 men and women, beginning with ages 14-18 and progressing thereafter in 5 year increments until ages 80-99. **Anyone under the age of 14 and anyone incapable of finishing the race within 5 hours is strongly discouraged from running this race. Really: Honor the race – if you cannot finish within 5 hours please do not attempt this race.**

*the teacher is you
costumes are encouraged
show us the way man*

The Rocky Canyon Sailtoads encourage all race participants to get in touch with your inner Samurai-toad-self and dress the part on race day.

*seek to understand
why does the toad cross the road
mmm, tastes like chicken*

Don't forget the post race party: Honor, Music, and Food, (part of the Warrior Toad Code).

Race Day Start:

10:00 – Your intentions are honorable

11:45 – Gather at the Start, Shogun-Ninja-Secret-Assassins

11:55 – Prepare for an Honorable Death-by-Running

High Noon – Enlightenment

Last year the race donated \$60,500.00 to the various charities!

The Boise Bicycle Project, Boise County Community Justice, Ridge to Rivers, Elk's Rehab, Friends of children and families, Hannabow Education Fund, Humane Society Pet Food Pantry, Idaho Food Bank, Idaho Mountain Search & Rescue, LIFE, Mores Creek Ambulance, Native American Coalition of Boise, U of I Gar Hackney Fund, YMCA Just for Kids, and many more have been recipients of race donations.

The Race to Robie Creek thanks our major sponsors: Bandanna Running and Walking, AceCo., Pepsi Bottling Ventures, Crystal Geysers, Crooked Fence Brewing, Shu's Idaho Running Company, Boise Legacy Constructors Foundation, Highlands Hollow, Centennial Job Corps, Simplot Food Group, The Idaho Statesman, Tates Rents, Hayden Beverage Company, Scott's Loaded Granola Bars, Sysco Food Services, Deschutes Brewery, Pabst Blue Ribbon Beer, Meadow Gold, Winco, Treasure Valley Litho, and DeFeet. We couldn't do it without them.

***haikus are easy
but sometimes they don't make sense
refrigerator***